

STATE PLAN UNDER TITLE XIX OF THE SOCIAL SECURITY ACT

State/Territory: Minnesota

DEFINITION OF SPECIALIZED SERVICES

For People with Mental Retardation and Related Conditions:

A continuous program for each client with mental retardation or related conditions which includes aggressive, consistent implementation of a program of specialized and generic training, specific therapies or treatments, activities, health services and related services, as identified in an individualized plan of care. The individual program plan must be developed and supervised by an interdisciplinary team that represents areas relevant to identifying the client's needs and to designing programs that meet the client's needs.

For People with Mental Illness:

A continuous and aggressive individualized plan of care developed by an interdisciplinary team of qualified mental health professionals, including the attending physician, and that prescribes specific therapies and activities for the treatment of acute episodes of mental illness, and/or is designed to reduce behavioral symptoms and to improve the level of independent functioning with the goal of reducing the intensity of mental health services.

Minnesota believes that these services can be provided across the continuum of mental health community-based and institutional settings. Because we have chosen to individualize each person's needs for specialized services, Minnesota has chosen not to develop a specific list of services. However, examples of specialized services include, but are not limited to, specialized day treatment, vocational rehabilitation, community support, independent living skills assessments and programming, intensive case management, enhanced housing support, crisis/emergency services, enhanced individualized programming in residential treatment settings and inpatient psychiatric treatment.

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